

## Learning to Let Go - Mixed Media Workshop with Lori Racicot

### Supply List:

The focus of this workshop is to explore various mediums, mainly watercolor, crayon and colored pencils, and pen and how they interact. I will be demonstrating using professional grade materials, but if you have or want to purchase less expensive student grade materials, feel free. If you have other mediums, such as inks or pastels, or tools that you would like to explore, bring them to the workshop. Please do not bring oil paints.

**Inexpensive sketchpad:** minimum 11" x 14" - mainly for preparatory drawings using dry materials

**Watercolor sketchpad with sheets that can be torn out,** minimum 9" x 12" at least 90 pound paper, used to "explore" wet and dry mediums.

**Watercolor paper:** at least 140 pounds/300g, minimum 9" x 12" Canson or similar cold press. Pads are ok or larger sheets of quality paper that can be torn smaller - used for final paintings.

**Brush(es):** Watercolor brush(es) that hold a good amount of water and forms a nice point. Silver Black Velvet size 8 is a nice midsized option. Also a ½ " or ¾ " flat brush for larger areas. A small inexpensive ¼" square stiff bristle brush to "scrub" lift paint off of the paper (not a watercolor brush)

**Watercolors:** I prefer using pans or cakes of dried watercolor, but individual tubes are ok also. Daniel Smith or Winsor Newton professional grade are very nice, but expensive. Winsor Newton Cotman, student grade, are a nice and less expensive alternative. There are other less expensive options also. If you are purchasing individual tubes, I use the following colors a lot: You can mix other colors using these:

- Indigo
- Permanent Alizarin Crimson or Quinacridone Rose
- Cadmium Red
- Raw Sienna
- Hansa Yellow Deep
- Ultramarine Blue
- Sap Green

**A mixing tray** with wells and a plastic top for transporting if you are using individual tubes.

**Permanent Pens/Markers:** Identi-Pen: black dual point (two ends: thin and thicker)  
and/or Micron Pen: black .5  
Uni Posca white acrylic marker 0.7

**Pencils - HB or similar, 4B**

**Eraser**

**Crayons:**

Neocolor 11 Aquarelle\* are water soluble. They also make a wax crayon, Neocolor 1 which I use, but it is not water soluble. Colors I use a lot:

- Orange
- Periwinkle blue
- Sky blue
- Yellow green

Less expensive option: a box of crayola crayons - they will not be water soluble

**Colored Pencils:**

Prisma colors are artist grade. Less expensive option: Crayola or other student grade (not rose art)

**Pencil sharpener****Paper Towels**

**Water containers** (2) large yogurt containers are great

**Q-tips****Toothbrush****Small pump spray bottle for water**

**Reference materials:** Bring items that speak to you. A variety of items from nature: leaves, shells, fruit, flowers, pine cones, etc anything that interests you and you want to explore. Photos of birds, fish, frogs, dragon flies, bees, etc are ok also, but actual items allow you to view and draw them from all sides. The internet should be available, but I would not rely on it!

If you have any questions regarding supplies, email me at [LoriRacicot@gmail.com](mailto:LoriRacicot@gmail.com)